

HEALTH AND WELLBEING BOARD

Friday, 18 September 2015

Minutes of the meeting of the Health and Wellbeing Board held on Friday, 18 September 2015 at 1.45 pm

Present

Members:

Revd Dr Martin Dudley (Chairman)
Deputy Joyce Nash (Deputy Chairman)
Ade Adetosoye
Jon Averbs
Dr Penny Bevan
Karina Dostalova
Paul Haigh
Glyn Kyle
Dr Gary Marlowe
Simon Murrells
Jeremy Simons

Officers:

Natasha Dogra	Town Clerk's Department
David Macintosh	Town Clerk's Department
Neal Hounsell	Community and Children's Services Department
Gerald Mehrtens	Community and Children's Services Department
Sarah Thomas	Community and Children's Services Department
Farrah Hart	Community and Children's Services Department
Poppy Middlemiss	Community and Children's Services Department
Zoe Tansey	Community and Children's Services Department
Ellie Ward	Community and Children's Services Department
Ruth Calderwood	Markets and Consumer Protection
Lisa Russell	Department of the Built Environment

1. APOLOGIES OF ABSENCE

Apologies had been received from Gareth Moore, Dhruv Patel and Helen Isaac, City of London Police with Chief Inspector Matt Burgess attending in her place.

2. DECLARATIONS UNDER THE CODE OF CONDUCT IN RESPECT OF ITEMS ON THE AGENDA

There were no declarations.

3. MINUTES

Resolved – that the minutes of the previous meeting be agreed as an accurate record.

Matters Arising:

Health Profile for the City of London

Members noted that Public Health England had now produced a draft health profile for the City of London.

4. **PRESENTATION: BUSINESS HEALTHY**

The Committee received a presentation from Business Healthy manager and noted that over 360,000 people commuted into the Square Mile every day and the "work hard, play hard" culture in the City presented some specific health issues around mental health (stress, depression and anxiety), smoking, alcohol, and substance misuse.

Members noted that:

- 78% of City workers said their job had made them very stressed (at least occasionally) in the last 12 months.
- 8.4% of City workers were always very stressed at work.
- 44% of City workers said there was a need for help with stress anxiety and depression.
- 28% of City workers binge drink at least once a week.
- 13% of City workers were drinking at a higher risk level compared to 4% in the national population.
- 25% of City workers smoke.

Received.

5. **CITY OF LONDON AIR QUALITY STRATEGY 2015 - 2020**

The Committee received the report of the Director of Community and Children's Services and noted several recent projects to reduce emissions and improve air quality, including encouraging drivers to switch off their engines whilst stationary, a four week travel challenge in association with Bart's Health NHS Trust to change people's commuting pattern away from car to public transport, walking, or cycling, and the introduction of garden plants that could play a role on trapping fine particles found in the air we breathe. A document providing further information on these air quality plants would be circulated to Members after the meeting.

In response to a Member's question, the Global Action Plan representative advised that 80% of interactions with drivers asked to switch off their engines were positive, although some taxi drivers were reluctant due to the perception of their customers that they were not ready to take business.

In response to Member's questions, the Environmental Health Officer advised that cleaner Transport for London taxis would be gradually introduced due to the requirement for all newly-licensed vehicles to be Zero Emission Capable from January 2018 and the introduction of a voluntary and incentivised decommissioning scheme for taxis older than ten years.

Received.

6. **JOINT HEALTH AND WELLBEING STRATEGY REFRESH**

The Committee received the report of the Director of Community and Children's Services and noted that the current priorities of the City of London's JHWS were:

- Ensure that more people with mental health issues can find effective, joined up help;
- Ensure that more people have jobs: more children grow up with economic Resources;
- Confirm that City air is healthier to breathe;
- Be assured that more people in the City are physically active;
- Enable more people to become socially connected and know where to go for help;
- Ensure that more rough sleepers can get health care, including primary Care;
- Ensure that the City is a less noisy place;
- Confirm that more people in the City are warm in the winter months;
- Ensure children and young people enjoy good physical and mental health;
- Ensure that fewer City workers live with stress, anxiety or depression;
- Ensure that more City workers have healthy attitudes to alcohol and Drinking; and
- Ensure that more City workers quit or cut down smoking.

Resolved – that the updated Joint Health and Wellbeing Strategy be approved.

7. **BETTER HEALTH FOR LONDON: NEXT STEPS**

The Committee received the report of the Director of Community and Children's Services and noted that previously Members had approved the formation of an officer working group to further explore a number of the recommendations from the Better Health for London report, selected because they closely reflect the HWB's strategic priorities. The Director of Port Health and Public Protection informed Members that there would be an officers' meeting convened to discuss the promotion of the workplace health initiatives.

The recommendations from the Better Health for London report for the City that were selected for further exploration were as follows:

- Smoke free parks and open spaces;
- Encouraging more Londoners to walk 10,000 steps a day and supporting employers to incentivise their employees to walk to work;
- Promotion of workplace health initiatives;
- Local health promotion day; and
- Additional GP services.

Resolved – that Members agreed the following decisions:

- **Smoke free parks and open spaces:** The Board would continue to champion smoke free children's playgrounds and seek to expand the voluntary scheme to open spaces within the City.
- **Encouraging more Londoners to walk 10,000 steps a day** and supporting employers to incentivise their employees to walk to work: It was agreed that the Board continued to support active travel by implementing some local schemes that specifically encourage workers

and residents to walk or cycle more. If Members approve, then a costed proposal outlining specific initiatives will be brought to the HWB.

- **Promotion of workplace health initiatives:** Members supported the work of the Business Healthy initiative and ensure the City's ongoing commitment to healthy workplaces across the Square Mile.

- **'Imagine Healthy London' Day:** Members agreed to introduce public health awareness raising activity, specifically focused on exercise and healthy lifestyles, at existing events in the City.

- **Additional GP services:** Members gave their ongoing support for the Workplace Health Centre feasibility study.

8. **THE CITY OF LONDON CORPORATION CHILDREN AND YOUNG PEOPLE'S PLAN 2015-18**

The Committee received the report of the Director of Community and Children's Services and noted that the plan had been shaped through extensive consultation, engagement with and involvement of external agencies and partners, children, young people and their families.

The new plan covered a three-year time period from 2015 to 2018. Members agreed that this was sufficient to provide long-term commitment to delivering services for children and young people, but provided enough scope to incorporate any future work.

Received.

9. **ADULT WELLBEING PARTNERSHIP UPDATE**

The Committee received the report of the Director of Community and Children's Services and noted that future Partnership work would include:

- overseeing social isolation policy development following research carried out by Goldsmiths University through the Knowledge Transfer Programme;

- monitoring performance on key indicators related to adult wellbeing; and

- inputting to the City's new mental health strategy.

Received.

10. **HEALTHWATCH CITY OF LONDON ANNUAL REPORT 2014/15**

The Committee received the report of the Chair of HealthWatch and noted that the *Healthwatch City of London Annual Report 2014/15* provided an overview of the activities of Healthwatch City of London during its second year.

Received.

11. **SAFER CITY PARTNERSHIP UPDATE**

The Committee received the report of the Safer City Partnership and noted that as part of ongoing work to improve service delivery and maximise available resources the City of London Police and the Community Safety Team were currently conducting a pilot which involved co-location of officers from the CoLP Street Intervention team within Guildhall. The benefits and opportunities of further co-location would be explored in future months.

Received.

12. HEALTH AND WELLBEING BOARD UPDATE REPORT

The Committee received the report of the Director of Community and Children's Services regarding:

- Key findings from the City of London Mental Health needs assessment
- Mental Health Strategy
- CCG Quality Premium 2015/16
- Dementia Friendly Community status
- Health Profile for the City of London
- Spice Time Credits Impact report.

Received.

13. QUESTIONS ON MATTERS RELATING TO THE WORK OF THE BOARD

There were no questions.

14. ANY OTHER BUSINESS THAT THE CHAIRMAN CONSIDERS URGENT

There was no urgent business.

15. EXCLUSION OF PUBLIC

MOTION - That under Section 100A(4) of the Local Government Act 1972, the public be excluded from the meeting for the following items of business on the grounds that they involve the likely disclosure of exempt information as defined in Paragraph 3 of Part I of Schedule 12A of the Local Government Act.

16. INTEGRATED SUBSTANCE MISUSE AND TOBACCO CONTROL SERVICES TENDER

The Committee received the report of the Director of Community and Children's Services.

17. BI-ANNUAL PERFORMANCE REPORT SEPTEMBER 2015

The Committee received the report of the Director of Community and Children's Services.

18. NON PUBLIC QUESTIONS ON MATTERS RELATING TO THE WORK OF THE BOARD

There were no questions.

19. ANY OTHER BUSINESS THAT THE CHAIRMAN CONSIDERS URGENT AND WHICH THE BOARD AGREES SHOULD BE CONSIDERED WHILST THE PUBLIC ARE EXCLUDED

There was no urgent business.

The meeting ended at 3.00 pm

Chairman

Contact Officer: Natasha Dogra tel.no.: 020 7332 1434